

RED WILLOW COUNTY HEALTH DEPARTMENT

1400 West 5th Street McCook, NE 69001 308-345-1790

CALENDAR OF EVENTS – JANUARY 2023

- JAN 3 - TUES Pfizer Immunizations in Office
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- JAN 5 - THURS Moderna Immunizations in Office
AM Labs @ Health Fair Prices-Appt Only from 8:00-10:00 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- JAN 10 - TUES Pfizer Immunizations in Office
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- JAN 12 - THURS Moderna Immunizations in Office
Blood Pressure Clinic @ Red Willow County Courthouse 11-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- JAN 16 – MON Office Closed-Martin Luther King Jr. Day
- JAN 17- TUES Pfizer Immunizations in Office
Blood Pressure Clinic @ Kinship Pointe 10:00-10:45 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- JAN 19 - THURS Moderna Immunizations in Office
AM Labs @ Health Fair Prices-Appt Only from 8:00-9:00 am
Blood Pressure Clinic @ Sehnert's Bakery 9:45-10:45 am
Blood Pressure Clinic @ Heritage Senior Center 11-11:45 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- JAN 24 – TUE Pfizer Immunizations in Office
AM Labs @ Health Fair Prices-Appt Only from 8:00-9:00 am
Blood Pressure Clinic @ Highland Park 10-10:45 am
Blood Pressure Clinic @ McCook Housing 11:00-11:30 am
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm
- JAN 26 – THURS Moderna Immunizations in Office
SENIOR EXERCISE CANCELLED
- JAN 31 – TUES Pfizer Immunizations in Office
Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00 pm

Red Willow County Health Department Services Available: Adult & Children Vaccinations, Influenza Vaccinations, Foot Care, Lab Draws, Newborn Baby Visits, Exercise Classes, School Health Screenings, School Immunizations Clinics, & Free Blood Pressure Checks. For more information call the Red Willow County Health Department at 1-308-345-1790 or 1-877-250-2057. These services are also available for people who live outside Red Willow County.