

RED WILLOW COUNTY HEALTH DEPARTMENT

1400 West 5th Street McCook, NE 69001 308-345-1790

CALENDAR OF EVENTS – OCTOBER 2024

Oct. 1 – Tuesday	Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00pm
Oct. 3 – Thursday	<i>Southwest Jr/Sr Public Schools Flu Clinic (Bartley)-Open to Public 8:30-9:30am</i>
Oct. 4 – Friday	AM Labs @ Health Fair Prices 8:00-10:00am
Oct. 8 – Tuesday	<i>Ed Thomas YMCA Flu Clinic-Open to Public 9:30-11:30am</i> Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00pm Blood Pressure Clinic @ Highland Park 1:30-2:15pm
Oct. 10 – Thursday	<i>Red Willow County Courthouse Flu Clinic-Open to Public 10:30am-12pm</i>
Oct. 14 – Monday	OFFICE CLOSED - Columbus Day/Indigenous Peoples' Day
Oct. 15 - Tuesday	AM Labs @ Health Fair Prices 8:00-10:00am Blood Pressure Clinic @ Kinship Pointe 9:45 -10:45am Blood Pressure Clinic @ Red Willow County Courthouse 11-11:30am Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00pm
Oct. 17 – Thursday	<i>Office is open to public for immunizations until 6pm</i>
Oct. 22- Tuesday	AM Labs @ Health Fair Prices 8:00-9:00am Exercise Class w/Kristen @ Heritage Senior Center 12:30-1:00pm
Oct. 24 – Thursday	<i>Village of Bartley Flu Clinic-Open to Public 9-11:00 am</i> Blood Pressure Clinic @ Ember's Bakery 9:45-10:45 am Blood Pressure Clinic @ Heritage Senior Center Blood Pressure 11:00-11:45am <i>Office is open to public for immunizations until 6pm</i>

Fall Health Fair & Thursday AM Lab Prices: Metabolic Panel/Lipid Profile/Uric Acid/CBC \$50.00, PSA (Prostate Specific Antigen) \$35.00, TSH (Thyroid Screening) \$30.00, Hemoglobin A1C \$25.00, Vitamin D \$55.00. You will need to fast 12 hours prior to the metabolic panel and lipid profile. You may have water & medication, but no coffee, food, or vitamins.

Red Willow County Health Department Services Available: Adult & Children Vaccinations, Influenza Vaccinations, \$30 Foot Care, Lab Draws, Free Newborn Baby Visits, Exercise Classes, School Health Screenings, School Immunizations Clinics, & Free Blood Pressure Checks are available daily in office by appointment or walk-in. **RWCHD is now implementing a new radon program for home radon testing. We have two state licensed employees who can perform professional continuous radon monitoring in your home at a low cost of \$40.** For more information call the Red Willow County Health Department at 1-308-345-1790 or 1-877-250-2057.